



ANNUAL REVIEW & ACCOUNTS 2023/24

Sew Positive is a unique UK charity helping socially excluded people mend, repair, upcycle and repurpose textiles to calm the mind, improve mental health and wellbeing, and help our planet.



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ABOUT SEW POSITIVE

Charity Registration Number 1192682

Company Registration Number
CE022958

Registered Address
1 Fountain Lane, Haslingfield,
Cambridgeshire CB23 1LT

Independent Examiner
Victoria Anne Cooper, Red Shoes
Accounting Services, Unit 7 E-Space
North, 181 Wisbech Road, Littleport,
Cambridgeshire CB6 1RA

CEO
Melissa Santiago-Val

Governance Structure
Sew Positive is a Registered Charity
(No:1192682) and a Charitable
Incorporated Organisation (CIO),
registered in England (CE022958)

Structure, Governance & Management

Recruitment and appointment of trustees Sew Positive is administered by a Trustee Board who meet at least four times a year. Trustees who served during the year are detailed here.

Trustees for financial year 2023-24

Sarah McManus (Chair)
Jane Webber (Co-Deputy Chair)
Alex Collis (Co-Deputy Chair)
Joseph Barker-Sherry (Treasurer)
Dennis Harhalakis (Outgoing Treasurer)
Alison Heron
Judi Coe
Karin Read

SEWING FOR MENTAL HEALTH

BUILDING MINDFULNESS, CONFIDENCE AND COMMUNITY



Sew Positive's mission is to provide opportunities for socially excluded people in Cambridgeshire and surrounding areas to nurture their mental health through free sewing workshops and courses.

We help people to learn new skills and to feel part of a community, reducing the feeling of social exclusion, whatever the cause – unemployment, financial hardship, youth or old age, ill health, discrimination, alcohol or substance abuse, relationship and family breakdown, or poor housing.



We help people to integrate into society, principally through the provision and promotion of creative activities.



WELCOME FROM OUR CEO

This 2023/24 Annual Review (which includes summarised financial figures) celebrates our third year of being a charity, supporting people facing social isolation through sewing to support mental health and well-being. This year our income has stabilised after doubling in the previous financial year. Services and partnerships have grown, we have extended our Social Prescribing – highlighted by the NHS as a major tool to help support the health service – and recruited a new Chair and four new trustees.

The past 12 months for small charities have been challenging, as over 150 additional charities made a first application to Cambridgeshire Community Foundation for funding. Several large charitable foundations are winding down, such as Lankelly Chase, which has an endowment fortune of £130m: it is to abolish itself after concluding that traditional philanthropy is a “function of colonial capitalism”. Major funders are also changing strategies to reflect the needs of small charities constantly applying for one-off small pots of funding.



The National Lottery changed its Awards for All from £10K per year to £20K over two years to help the administrative burden. Cambridge City Council's United with Ukraine grant has introduced a new third tier of funding to established charities, such as ourselves, who have a track record of work with Ukrainian refugees. We have also begun moving to a 'matched-funding' approach for services, allowing us to combine programmes and bring together funding from different sources, and collaborate with other charities to help more people from different communities and wider areas of our region.





Many changes have been possible due to taking part in the inaugural cohort of Fair Collective's 'Small Charity Leaders' Club' training with 45 other small charity leaders. Through membership of the Association of Chief Executives of Voluntary Organisations (ACEVO), I was awarded coaching from Jane Bell, a Charity CEO and mentor for ACEVO.



With other charity leaders we are contributing to the 'Influence and Participation Project', with a focus on mental health, learning disability and autism. The aim is to ensure our charities, NHS and local councils integrate to make health and care more accessible and joined up for Cambridgeshire & Peterborough residents.

Collaborations with businesses are increasingly vital. Membership of the 'Networking with Purpose' platform through Rachel Hales (pictured with me) led to us running an event at law firm Mills & Reeve, and enabled independent funding from CambsCuisine for a continuation of one of our Ukraine projects.

Our volunteers are increasingly leading and co-producing services and working with participants directly. They consistently go above and beyond to find upcycled materials, suggest techniques, share tips and videos, run groups independently during school holidays, and visit homes to sew with participants who are unable to get to groups. I am so grateful for the knowledge, support, encouragement and joy our volunteers bring to Sew Positive, along with the fantastic efforts of our trustees, who are also volunteers.

Melissa

Melissa Santiago Val



EXECUTIVE SUMMARY & TREASURERS' REPORT

Our income has decreased slightly this financial year from £41,386 in 2022/23 to £40,442 in 2023/24. This is mostly from project-based grant and trust funding applications, with a mixture of restricted and unrestricted funding, but the development of corporate partnerships and other income streams is increasingly vital. Once again we are grateful for the support of Cambridge Council for Voluntary Service (CCVS) as a 'critical friend' as we increase our growth and governance. For context, there are around 2,100 charities operating in Cambridgeshire, over 80% of which have an income of less than £100,000.

Over the next financial year we want to increase our income and diversify by developing corporate partnerships and fundraising, to provide a reliable unrestricted income stream. As part of this drive we have a 'Running Stitch' team of six runners fundraising for us at the TTP Cambridge Half-Marathon in 2025. A stronger and more consistent income will support us in funding a permanent staffing structure, vital for future sustainability and success.

However, it's not just about donations from businesses, it's about finding common ground for social good, offering us free office space, matching employees who might need our support, finding new volunteers or giving Sew Positive pro bono services. We are increasing reach through expanding wellbeing workshops to businesses, community fundraising and events, and applications to become Charity of the Year for local businesses. Our relationship with Grand Arcade and the 'Let's Go Circular' Festival enables us to use free space for community events to educate on textile waste and upcycling as part of the shift towards a circular economy.



Earlier this year, we recruited five new trustees to the board - Sarah McManus, Alex Collis, Jane Webber, Karin Read and Joseph Barker-Sherry. Sarah took up the role of Chair, with Alex and Jane as Co-Deputy Chairs. All five bring unique skills and experience to strengthen the charity and help us to define and shape our future services. With this recruitment, Lynne Bebee, a founder volunteer and trustee, has stepped down. Lynne contributed to Sew Positive through making masks as a volunteer, setting up our accounts systems and making a huge contribution to administration and governance. She continues to be involved and support Sew Positive. We are all immensely grateful for her work.

As part of our drive for greater financial stability and governance, we have introduced a Reserves Policy to build the Sew Positive undesignated (free) reserves to a level that allows the organisation to manage the variations of funding that are all too common in the sector.



Along with their responsibilities, the trustees ensure that all restricted reserves are accounted for in accordance with good financial practice and the will of the funders. As part of this process, we have also introduced a full Financial Forecast up to 2026/27 to help funders understand our funding potential as we go forward.

We now maintain records of our income and expenditure using Xero. Our CEO and Treasurer have developed their knowledge through training provided by our independent accountants.

We thank all our trustees, both past and present, for their invaluable support and contributions.

Joseph Barker-Sherry



OUR IMPACT 2024



2226
VOLUNTEER
HOURS



DONATED BY
29
VOLUNTEERS



ACROSS
15 VENUES



135 SESSIONS
AND EVENTS



787
PARTICIPANTS



552
INDIVIDUALS



TOTAL
INCOME OF
£40,442



18 FUNDERS &
SUPPORTERS



1 HALF
MARATHON
RUNNER



7 SEWING
MACHINES
SAVED FROM
LANDFILL



32.5M (152 FLAGS) OF BUNTING MADE FROM UPCYCLED FABRICS
BY UKRAINIAN REFUGEES TO CELEBRATE EUROVISION 2023



50% OF OUR WORK IN 2023/2024 WAS
WITH DISPLACED UKRAINIAN REFUGEES

"Sew Positive is delivering excellent results on a current project addressing Health Inequalities, and is looking to expand this fantastic work beyond the Southeast Cambridge Integrated Neighbourhood."

Kelly Gilders, Integrated Neighbourhood Project Manager - Cambridge City, Cambridgeshire South Care Partnership | Cambridgeshire & Peterborough ICS.

"Cambridge City Council prioritises its funding to groups who are able to meet our vision of creating 'One Cambridge, Fair for All'. We are particularly supportive of groups who aim to tackle inequalities and address social and/or economic disadvantage experienced by City residents. The Council recognises the value of arts and cultural activities such as those provided by Sew Positive in improving wellbeing and inclusion."

Julie Cornwell, Community Funding and Voluntary Sector Manager Communities Group, Cambridge City Council.

THE ISSUES WE ARE FACING

LONELINESS, MENTAL HEALTH & SOCIAL ISOLATION



3.83 million people are chronically lonely. ⁽¹⁾

Social Prescribing works: wellbeing scores increased, with a reduction in attendance of emergency care. ⁽²⁾

More than 3.58 million people use mental health services in the UK. ⁽³⁾

Loneliness and social isolation can be as bad for patients as chronic health conditions, putting people at a 50% increased risk of early death. ⁽⁴⁾

It's estimated that the UK's 'epidemic of loneliness' costs £6,000 per person for a decade of an older person's life in health costs and pressure on local services. ⁽⁵⁾

Mind research has identified that 40% of GP appointments feature a mental health concern. ⁽⁶⁾

Scientists found people who took part in arts and crafts reported higher levels of happiness. The impact of crafting was bigger than the impact of being in employment. ⁽⁷⁾

54% of Ukrainians (including refugees) have PTSD. ⁽⁸⁾

TEXTILE WASTE & THE CIRCULAR ECONOMY



Keeping items of clothing for an extra nine months reduces their carbon, water and waste by 30%. ⁽⁹⁾

23 million returned garments were sent to landfill or incinerated in the UK in 2022. ⁽¹⁰⁾

An estimated 336,000 tonnes of used clothing is discarded each year in the UK. ⁽¹¹⁾

Around 30% of clothing in wardrobes has not been worn for at least a year. ⁽¹²⁾

Clothing companies create more than 1 million garments every day ⁽¹³⁾



References: (1)[Campaign to End Loneliness](#) (2)[Royal College of GPs](#) (3)[NHS](#) (4)[The Institute for Research and Innovation in Social Services](#) (5)[LSE](#) (6)[Mind](#) (7)[Anglia Ruskin University](#) (8)[The Lancet](#) (9)[Keep Britain Tidy](#) (10)[British Fashion Council](#) (11)[Less Waste](#) (12)[Waste and Resources Action Programme \(WRAP\)](#) Charity (13)[Greenpeace](#)

OUR AMAZING VOLUNTEERS

"It's so much more than sewing." An incredible 2226 hours were donated by 29 volunteers in 2023/24. Three of our participants – Adi, Lynn and Clare, told us about the impact our volunteers make, and the way they go above and beyond everyday volunteering.

"Sew Positive isn't just something to do for a couple of hours a week. It is a two-way community that Melissa and volunteers have created. Volunteers do far more than support in sessions, they provide practical and emotional support so we can all take part. They are a calm, patient and empathetic presence in every group, listening, helping and easing social insecurities. They are as happy to teach us how to do a French Knot as to listen to your worries. They support us to develop creative ideas whilst 'embracing imperfection' in both sewing and ourselves.



"Several WhatsApp groups are run entirely by volunteers giving us a safe space to share 'how to' information, links, events and projects. Helen is like a magpie finding upcycled, donated materials and little kits for people who might not have a project, making them feel seen and cared for. They take a little and make it stretch further and have a far bigger impact. Volunteers even checked 27 donated sewing machines, listing repairs needed, storing these and other materials in their homes as Sew Positive is a small charity without premises.

"Margot arranges volunteer sewing days at her house to encourage community among volunteers too. They arranged a mobility scooter so that a participant could take part in a trip and provide lifts to people to enable them to attend groups.

"Sew Positive is so much more than sewing. What they do is amazing; they are amazing. We want to celebrate them."



FEEDBACK FROM OUR PARTICIPANTS

"Sew Positive has helped me gain confidence and rebuild some social skills in a safe and supportive environment."

"Thank you for a brilliant Sewcialise group - it's definitely improved my mental health so big thank you to all."

"After my husband passed away I felt quite isolated. I've really enjoyed sewing and chatting with everyone in the group every week and I feel it's really helped me to get back out there."

"I like and enjoy coming here and look forward to coming every week. I've met new people, learnt different things. Sewing has helped me to not think about things that I find difficult in my life."

"I feel better when I am in a group it has taken away the fact that I was hurting myself. I no longer do this because of the group."

"I would love to see more of these activities, as they have helped me."

"I loved a longer term project, with homework to complete in between. It kept me motivated to finish my project. Which is something I often struggle with. And it was nice to get to know new people by returning to something we all had in common. All the volunteers are wonderful!"

"It was especially cool that you had a guest expert."

"Sew Positive workshops have made a real difference to my well being, I hadn't been out of the house for months as I was left isolated after breaking up with my long term partner. Meeting new people and learning new skills improved my days especially as I had been feeling very lonely."

"I really like the blending of Ukrainian and Cambridge sewing groups."



ROUTES IN

Social Prescribing or GP



Other Charity



Support Worker



Carer



Mental Health Worker



Housing Association



Occupational Health



Website



REASONS FOR JOINING

OUR SERVICES

OUTCOMES



OUR THEORY OF CHANGE

Our trustees, participants and volunteers have begun to map the process of how people engage with our services, our impact, and what an ideal future would look like. We will continue to develop and co-produce this together.



IMPACT

Reduced Pressure on the NHS



Reduced Health Inequalities



Increased Volunteering



Move Towards a Circular Economy



Reduced Textile Waste



Increased Self-Management of Health



Recognition of Soft Skills & Sewing Skills



OUR GOAL:
Engaged communities who use sewing, upcycling, and mending to improve creativity, mental or physical health and togetherness in a circular economy.

EVENTS AND ACTIVITIES

SEWCIALISE

This service, funded by The National Lottery Awards for All, has developed into a volunteer-led, co-production focused group. It's a positive space to start the week, with volunteers taking in donated materials for participants to suggest and develop activities. No two weeks are the same, and the group sees experienced sewers and new participants come together, offering peer support and wanting to try out different crafts. Learning and sharing continues on WhatsApp with ideas and shared resources. Although the group is funded term-time only, volunteers have taken extra sessions over school holidays at Cambridge University Botanic Garden using our free Community Group access membership to prevent isolation over longer holiday periods.





WELLBEING EVENTS FOR BUSINESS

Funding is needed to deliver an increasing demand for services, so we extended collaborations with local businesses to support mental wellbeing of their employees and provide unrestricted income. These included events for Cambridge University students at Homerton College 'Wellbeing Week' in April 2023, advertising agency BBH London in May 2023, and legal firm Mills & Reeve in March 2024.

"We worked with Sew Positive to deliver a slow-stitching sashiko wellbeing workshop for 28 employees. Helping small charities in our city is part of our policy to support local vulnerable communities. It was brilliant for employees to have a relaxing lunchtime activity, and to see our branded tote bags come to colourful life using mindful stitching" Sarah Adams, Events and Hospitality Manager, Mills and Reeve LLP.

BBH employee Kreepa N (pictured bottom left) said *"It was so informative and fun and I am still working on my bag at home, I love it."*

UKRAINE PROJECTS

Using Cambridge City Council United with Ukraine grant and The National Lottery Awards for All (special award for Eurovision and Coronation events), we ran three further projects working with Ukrainian refugees. Each delivered programmes to support mental health and increase connection for the Ukraine refugee community living in the city. As part of the National Lottery project we ran sewing lessons to make 52 metres of bunting from upcycled fabrics for a special Eurovision party and screening for 100 families on 13 May 2023. This also brought together partnership opportunities with other charities in Cambridge, including Turtle Dove CIC and Cambridge Sustainable Food.

A first for Sew Positive, our Crewelwork project combined funding with Cambridge City Council's United with Ukraine grant, alongside matched-funding via Cambridgeshire Community Foundation's CambsCuisine Community Fund, enabling different communities to come together to share heritage, cultures and increase social connection. Funding for this was awarded in the 2023/24 financial year, but the project ran in 2024/25.



We delivered a hybrid course combining in-person delivery, video on demand and support by Zoom. The programme included 'Culture hours' integrated into sessions around 'Books,' 'Crafts' and finally 'Food'. We included a community lunch with shared food, explaining traditions and origins of dishes.

"With your projects, you are doing a great job of improving the mental health and psycho-emotional state of us Ukrainians, who were forced to leave our homes with the war and adapt to life in a new country."



With research in The Lancet showing 54% of Ukrainians have PTSD, this work continues to be vital. Services have organically developed bringing Ukrainian and UK communities together to learn and connect, with far-reaching impact. With many displaced refugees living beyond boundaries of existing funding, we are applying for further funding to meet demand. The introduction of a higher funding tier from Cambridge City Council meant we responded by increasing governance, reporting and capacity to apply to extend our work.

CULTIVATE CAMBRIDGE – SOCIAL PRESCRIBING

Cultivate Cambridge funding via Cambridgeshire Community Foundation (CCF) from Cambridgeshire County Council saw us deliver the final cohort of this social prescribing programme. We entered a series of photos from the programme into the Cambridge Council for Voluntary Services (CCVS) Photo Competition 2023, and our image of people making lampshades from upcycled fabrics (below) went on to win the 'Public Vote', which was excellent recognition from our sector, and helps more people hear about our work.

"You can chat as much as you like, or just listen. Anybody who is not that confident will be fine. It's a great group and there are always volunteers there to give you a hand if you get stuck. I would recommend it to anybody who wants to find a comfortable space. I definitely feel it has benefited me personally."



SEWING SOCIAL

As part of the Cultivate programme, we ran a 'Summer Sewing Social' Taster Day at Brownsfield Community Centre, which was an opportunity to try out a number of different activities and register for the second cohort. Initially, the programme was funded for participants aged over 65 at risk of needing care, but we extended this to meet demand for applicants of a younger age, who are identified to live with this risk too. We had a guest textile artist, Jemma (now a volunteer) visiting to run a session on 'Free Motion Embroidery', and a brilliant participant-led and designed activity upcycling denim into a planter. This activity has subsequently been run at the Let's Go Circular festival and other community activities. We were joined by three volunteers from the Trumpington Stitches who came to run a session on crochet – trustees and participants joined to try out new techniques. This involvement and participation is key to development of our services, with our participants driving what we do and how we do it.



CORONATION EVENT

As part of a special National Lottery Fund, we ran a Community Coronation-themed tote bag day in the South Cambridgeshire village of Haslingfield (where the charity was founded and is based). Families and people of all ages took part in 'The Big Help Out' day on Monday 8 May. Participants aged from nine months to over 80 years old learned new skills and found out about textile waste. It featured in the 'Has and Harl' eco group day to embrace localism, the sharing economy and to reduce consumption.



HOMERTON COLLEGE

Wellbeing Week at Homerton College, University of Cambridge, was a great opportunity for students to slow down with some creative stitching to help ease stress. We ran a sashiko session for students and staff as part of our wellbeing sessions for businesses. This built on a previous event with the college using a bespoke embroidery activity, and we were delighted to return at the point in the academic year just before exams.

"Thank you for the wonderful workshop; the students thoroughly enjoyed it. We really appreciate you bringing a calm and soothing atmosphere, and a space to just be."

Grace Hernandez, Homerton College Wellbeing Coordinator.

COMMUNITY EVENTS, COLLABORATIONS AND NETWORKS

We deliver a variety of activities for people to access taster sessions, progress to volunteering or find out about using our services. That way, different communities can engage and we can grow our reach. This also gives us opportunities to collaborate with other organisations, so we work better together and strengthen our sector. These are generally unfunded and rely on donations and volunteer support.

COMMUNITY EVENTS INCLUDED...

East Barnwell Community Centre's half term activity in collaboration with Abbey People gave 35 children and families the chance to try upcycling and slow stitching.



The **Grand Arcade's 'Let's Go Circular' Festival** has become a year-round feature enabling local companies and charities to highlight issues around textile waste and move towards a circular economy.

We were especially happy that our 2023 event saw one of our participants design an activity using upcycled denim and a plastic drinks bottle to make a fabulous denim planter. The festival has recently won the Green Award in the Cambridge Independent Business Awards 2024, and we are delighted photographs of our workshop headline the 2024 campaign materials.

A **'Food for the Planet'** event at Akeman Street Community Centre in October half term was run by Cambridge City Council with Cambridge Sustainable Food. The festival encourages people to grow their own food and make positive steps to tackle climate change at a personal level. We were delighted to meet Cllr Jenny Gawthrop Wood, City Mayor, to introduce her to our work (pictured below).



At **Haslingfield Repair Cafe**, run by Cambridge Carbon Footprint, one of our volunteers was also helping as a repairer!



The **'Power Up' Festival** at Netherhall School – run by the City Council and i3parenthub – saw 130 young people and families come together to take part in a variety of charity activities to boost wellbeing and mental health.

These events enhance our sector as a whole, allow collaboration opportunities and enable more people to find out about our work to participate or support.

KEY FUNDERS & SUPPORTERS



We are hugely grateful for the financial support of our grant funding and business partners, including those which have provided discounted or free venues to enable us to run our services. These allow us to carry out the work detailed in this report.

Sew Positive and the work we do would not exist without your help.

- Abbey People
- Appletons Wool
- Asda Cambridge
- BBH London
- Bermuda Community Rooms
- Cambridge Central Library
- Cambridge City Council
- Cambridge Council for Voluntary Service (CCVS)
- Cambridge Sustainable Food
- Cambridge United Foundation
- Cambridgeshire Community Foundation (CCF)
- CambsCuisine
- Downing Place URC
- Fair Collective
- Grand Arcade Cambridge
- Homerton College
- Mills & Reeve LLP
- NatWest Bank community rooms
- South Cambs District Council
- St Jude's Trust
- Susan Briscoe
- The Cole Trust
- The Crewelwork Embroidery Company
- The National Lottery Community Fund
- The Red Hen Project
- Trumpington Stitchers
- Turtle Dove CIC



Public Benefit - The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Sew Positive CIO

Strategic Report for the Year Ended 31 March 2024

The trustees, who are directors for the purposes of company law, present their strategic report for the year ended 31 March 2024, in compliance with s414C of the Companies Act 2006.

Financial review

Policy on reserves

Reserves

Donation income and income from events for businesses are our primary funding sources for our core fund – from which we support all of the organisation's fixed costs. As donated income cannot always be predicted, and the success of funding bids is not guaranteed, the trustees believe it is prudent for the charity to work towards a minimum reserve equivalent to three months expenditure. This will provide:

- the ability to meet unforeseen expenditure, including costs arising should Sew Positive be wound up (closedown costs, redundancy payments, return of grant funding);
- flexibility in achieving our objectives; and
- a financial 'cushion' until additional core funding can be secured.

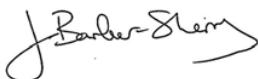
In accordance with the Charity Commission's guidelines, the Trustees review this policy annually and consequently manage the cash flow in an appropriately prudent manner. For this financial period, donations £623, Grants £33,561, Income £6,258, Total Turnover £40,442 and a finishing balance of £12,464, representing reserves of £12,464. This includes the £10,000 National Lottery award.

Reflection on the 2022/23 year- end accounts

Last year, we received feedback from the Cambridge City Council regarding how our 2022/23 accounts should be presented. The feedback included notes on figures which did not agree with the statements of financial activity, the use of the 'raising funds' expense category instead of 'charitable activities' and the fact that there was no breakdown of project funds, along with other comments. This led to a full review prior to publication of the 2023/24 accounts, which revealed an error in our C/F closing balances. This has been corrected reflecting the correct closing balances from 2023/23 of Restricted C/F £15,169 and Unrestricted C/F of £3,544.

This year, we have added in a breakdown of the project funds so the income and outgoings of each project can be analysed. All expenses have been allocated under 'charitable activities' and the financial review commentary figures match with the statement of financial activity.

The strategic report was approved by the trustees of the charity on 22 November 2024 and signed on its behalf by:



Joseph Barker- Sherry
Trustee

Sew Positive CIO

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2024.

Objectives and activities

Objects and aims

The object of the Charity as stated in the Memorandum of Association is:

"To promote social inclusion for the public benefit by preventing people living in Cambridgeshire and surrounding areas, from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society, particularly, but not exclusively, through the provision and promotion of creative activities including, but not limited to, sewing workshops and community groups".

For the purpose of this clause 'socially exclude' means being excluded from society, parts of society, as a result of one more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitation into society).

The trustees have considered the Charity Commission's guidance on public benefit, and they consider that Sew Positive is fulfilling its obligations in this respect by achieving the above objective.

Sew Positive CIO

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Sarah McManus (Chair)
Jane Webber (Co Deputy Chair)
Alex Collis (Co Deputy Chair)
Joseph Barker- Sherry (Treasurer)
Dennis Harhalakis (Outgoing Treasurer)
Alison Heron
Judi Coe
Karin Read

Structure, governance and management

Recruitment and appointment of trustees

Sew Positive is administered by a Trustee Board who meet at least four times a year. Trustees who served during the year are detailed above.

Statement of trustees' responsibilities

The trustees (who are also the directors of Sew Positive CIO for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

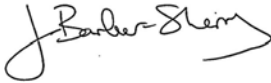
The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Sew Positive CIO

Trustees' Report

The annual report was approved by the trustees of the charity on 22 November 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'J Barker-Sherry', with a stylized flourish at the end.

Joseph Barker- Sherry
Trustee

Sew Positive CIO

Independent Examiner's Report to the trustees of Sew Positive CIO ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Sew Positive CIO as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mrs Victoria Anne Cooper

Red Shoes Accounting Services
Unit 7 E-Space North
181 Wisbech Road
Littleport
Cambridgeshire
CB6 1RA

22 November 2024

Sew Positive CIO

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	623	-	623
Charitable activities	4	1,699	31,862	33,561
Other income	5	<u>5,758</u>	<u>500</u>	<u>6,258</u>
Total income		<u>8,080</u>	<u>32,362</u>	<u>40,442</u>
Expenditure on:				
Charitable activities	6	<u>(9,795)</u>	<u>(36,896)</u>	<u>(46,691)</u>
Total expenditure		<u>(9,795)</u>	<u>(36,896)</u>	<u>(46,691)</u>
Net expenditure		<u>(1,715)</u>	<u>(4,534)</u>	<u>(6,249)</u>
Net movement in funds		(1,715)	(4,534)	(6,249)
Reconciliation of funds				
Total funds brought forward		<u>3,544</u>	<u>15,169</u>	<u>18,713</u>
Total funds carried forward	15	<u>1,829</u>	<u>10,635</u>	<u>12,464</u>
		Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	272	-	272
Charitable activities	4	<u>14,813</u>	<u>26,592</u>	<u>41,405</u>
Total income		<u>15,085</u>	<u>26,592</u>	<u>41,677</u>
Expenditure on:				
Raising funds		(126)	-	(126)
Charitable activities	6	<u>(15,375)</u>	<u>(11,423)</u>	<u>(26,798)</u>
Total expenditure		<u>(15,501)</u>	<u>(11,423)</u>	<u>(26,924)</u>
Net (expenditure)/income		<u>(416)</u>	<u>15,169</u>	<u>14,753</u>
Net movement in funds		(416)	15,169	14,753
Reconciliation of funds				
Total funds brought forward		<u>3,959</u>	<u>-</u>	<u>3,959</u>
Total funds carried forward	15	<u>3,543</u>	<u>15,169</u>	<u>18,712</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 15.

The notes on pages 16 to 25 form an integral part of these financial statements.

Sew Positive CIO

(Registration number: CE022958)
Balance Sheet as at 31 March 2024

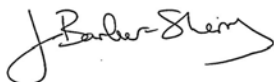
	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	852	871
Current assets			
Debtors	12	1,500	4,090
Cash at bank and in hand	13	<u>10,592</u>	<u>14,232</u>
		12,092	18,322
Creditors: Amounts falling due within one year	14	<u>(480)</u>	<u>(480)</u>
Net current assets		<u>11,612</u>	<u>17,842</u>
Net assets		<u>12,464</u>	<u>18,713</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	15	10,635	15,169
Unrestricted income funds			
Unrestricted funds		<u>1,829</u>	<u>3,544</u>
Total funds	15	<u>12,464</u>	<u>18,713</u>

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 13 to 25 were approved by the trustees, and authorised for issue on 22 November 2024 and signed on their behalf by:



Joseph Barker- Sherry
Trustee

The notes on pages 16 to 25 form an integral part of these financial statements.

Sew Positive CIO

Statement of Cash Flows for the Year Ended 31 March 2024

	Note	2024 £	2023 £
Cash flows from operating activities			
Net cash (expenditure)/income		(6,249)	14,753
Adjustments to cash flows from non-cash items			
Depreciation		568	434
		(5,681)	15,187
Working capital adjustments			
Decrease/(increase) in debtors	12	2,590	(3,928)
Increase in creditors	14	-	280
Net cash flows from operating activities		(3,091)	11,539
Cash flows from investing activities			
Purchase of tangible fixed assets	11	(549)	(1,305)
Net (decrease)/increase in cash and cash equivalents		(3,640)	10,234
Cash and cash equivalents at 1 April		14,232	3,998
Cash and cash equivalents at 31 March		10,592	14,232

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 16 to 25 form an integral part of these financial statements.

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

1 Fountain Lane
Haslingfield
Cambridgeshire
CB23 1LT

These financial statements were authorised for issue by the trustees on 22 November 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Sew Positive CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33% straight line
Plant and machinery	25% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £
Donations and legacies;		
Donations from individuals	623	623
	<u>623</u>	<u>623</u>

4 Income from charitable activities

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

	Unrestricted funds General £	Restricted funds £	Total funds £
Fundraising income	499	-	499
Grants	1,200	31,862	33,062
Total for 2024	<u>1,699</u>	<u>31,862</u>	<u>33,561</u>

5 Other income

	Unrestricted funds Other £	Restricted funds £	Total funds £
Fees and supplies	5,758	500	6,258
Total for 2024	<u>5,758</u>	<u>500</u>	<u>6,258</u>

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

6 Expenditure on charitable activities

		Unrestricted funds		Restricted funds	Total 2024
	Note	General £	Other £	£	£
		-	-	3,033	3,033
		-	358	-	358
		-	7,152	-	7,152
		-	232	-	232
		-	400	673	1,073
		-	19	-	19
Depreciation, amortisation and other similar costs		568	-	-	568
Allocated support costs	7	586	-	33,190	33,776
Governance costs	7	480	-	-	480
		<u>1,634</u>	<u>8,161</u>	<u>36,896</u>	<u>46,691</u>
					Total 2023
				Note	£
					-
					-
					-
					-
					-
Depreciation, amortisation and other similar costs					434
Allocated support costs				7	23,875
Governance costs				7	480
					<u>24,789</u>

In addition to the expenditure analysed above, there are also governance costs of £480 (2023 - £480) which relate directly to charitable activities. See note 7 for further details.

7 Analysis of governance and support costs

Governance costs

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

	Unrestricted funds General £	Total funds £
Independent examiner fees		
Examination of the financial statements	480	480
Total for 2024	<u>480</u>	<u>480</u>
Total for 2023	<u>480</u>	<u>480</u>

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

8 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	<u>568</u>	<u>434</u>

9 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>480</u>	<u>480</u>

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2023	1,305	1,305
Additions	<u>549</u>	<u>549</u>
At 31 March 2024	<u>1,854</u>	<u>1,854</u>
Depreciation		
At 1 April 2023	434	434
Charge for the year	<u>568</u>	<u>568</u>
At 31 March 2024	<u>1,002</u>	<u>1,002</u>
Net book value		
At 31 March 2024	<u>852</u>	<u>852</u>
At 31 March 2023	<u>871</u>	<u>871</u>

12 Debtors

	2024 £	2023 £
Trade debtors	<u>1,500</u>	<u>4,090</u>

Sew Positive CIO

Notes to the Financial Statements for the Year Ended 31 March 2024

13 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	<u>10,592</u>	<u>14,232</u>

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals	<u>480</u>	<u>480</u>

15 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
Movement	3,544	8,080	(9,795)	1,829
Restricted funds				
Movement	<u>15,169</u>	<u>32,362</u>	<u>(36,896)</u>	<u>10,635</u>
Total funds	<u>18,713</u>	<u>40,442</u>	<u>(46,691)</u>	<u>12,464</u>

Analysis of funds by project

	Note	2024- C/fwd	Expenditure £	Income £	B/Fwd £
Corporate Wellbeing events		1,431	(2,078)	3,508	-
The Red Hen Project- Collaboration		2,000	-	2,000	-
Cambridge County Council- Cultivate		1,781	(11,555)	7,000	6,336
Cambridge City Council with Ukraine Grants Programme- Sewing machines		(279)	(5,279)	5,000	-
South Cambs District Council- Community chest		1,678	(322)	2,000	-
Cambridge City Council United with Ukraine Grants Scheme- Crewelwork		2,417	(2,583)	5,000	-
The National Lottery Community Fund- Sewcialise		8,033	(1,967)	10,000	-

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Notes to the Financial Statements for the Year Ended 31 March 2024

	Note	2024- C/fwd	Expenditure £	Income £	B/Fwd £
The National Lottery Community Fund (Eurovision and Coronation fund)		274	(8,734)	-	9,008
Evelyn Trust Health- Health and wellbeing grants		(658)	(357)	-	-
CPSL Mind for VCSE panel		-	(250)	250	-
Cambridge City Council United with Ukraine Grants Programme- Boro bags		163	(592)	-	533
Power Up!- Community event		500	-	500	-
Core costs		(6,260)	(11,497)	2,323	2,836
Cambridge Community Foundation CambsCuisine Fund		1,384	(1,478)	2,862	-
		<u>12,464</u>	<u>(46,692)</u>	<u>40,443</u>	<u>18,713</u>
		Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
Movement		3,959	15,085	(15,500)	3,544
Restricted					
Movement		<u>-</u>	<u>26,592</u>	<u>(11,423)</u>	<u>15,169</u>
Total funds		<u><u>3,959</u></u>	<u><u>41,677</u></u>	<u><u>(26,923)</u></u>	<u><u>18,713</u></u>

16 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2024 £
Tangible fixed assets	989	989
Current assets	12,092	12,092
Current liabilities	<u>(480)</u>	<u>(480)</u>
Total net assets	<u><u>12,601</u></u>	<u><u>12,601</u></u>

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Notes to the Financial Statements for the Year Ended 31 March 2024

	Unrestricted funds General £	Total funds at 31 March 2023 £
Tangible fixed assets	871	871
Current assets	18,322	18,322
Current liabilities	<u>(480)</u>	<u>(480)</u>
Total net assets	<u>18,713</u>	<u>18,713</u>

17 Analysis of net funds

	At 1 April 2023 £	Financing cash flows £	At 31 March 2024 £
Cash at bank and in hand	<u>14,232</u>	<u>(3,640)</u>	<u>10,592</u>
Net debt	<u>14,232</u>	<u>(3,640)</u>	<u>10,592</u>

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Statement of Financial Activities by fund for the Year Ended 31 March 2024

Unrestricted Funds

	Total Unrestricted Funds 2024 £	Total Unrestricted Funds 2023 £
Income and Endowments from:		
Donations and legacies	623	272
Charitable activities	1,699	14,813
Other income	5,758	-
Total income	<u>8,080</u>	<u>15,085</u>
Expenditure on:		
Raising funds	-	(126)
Charitable activities	(9,795)	(15,375)
Total expenditure	<u>(9,795)</u>	<u>(15,501)</u>
Net expenditure	<u>(1,715)</u>	<u>(416)</u>
Net movement in funds	(1,715)	(416)
Reconciliation of funds		
Total funds brought forward	<u>3,544</u>	<u>3,959</u>
Total funds carried forward	<u>1,829</u>	<u>3,543</u>

Sew Positive CIO

Statement of Financial Activities by fund for the Year Ended 31 March 2024

Restricted Funds

	Total Restricted Funds 2024 £	Total Restricted Funds 2023 £
Income and Endowments from:		
Charitable activities	31,862	26,592
Other income	500	-
Total income	<u>32,362</u>	<u>26,592</u>
Expenditure on:		
Charitable activities	<u>(36,896)</u>	<u>(11,423)</u>
Total expenditure	<u>(36,896)</u>	<u>(11,423)</u>
Net (expenditure)/income	<u>(4,534)</u>	<u>15,169</u>
Net movement in funds	(4,534)	15,169
Reconciliation of funds		
Total funds brought forward	<u>15,169</u>	<u>-</u>
Total funds carried forward	<u><u>10,635</u></u>	<u><u>15,169</u></u>

This page does not form part of the statutory financial statements.

Sew Positive CIO

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
Income and Endowments from:		
Donations and legacies (analysed below)	623	272
Charitable activities (analysed below)	33,561	41,405
Other income (analysed below)	6,258	-
Total income	<u>40,442</u>	<u>41,677</u>
Expenditure on:		
Raising funds (analysed below)	-	(126)
Charitable activities (analysed below)	<u>(46,691)</u>	<u>(26,798)</u>
Total expenditure	<u>(46,691)</u>	<u>(26,924)</u>
Net (expenditure)/income	<u>(6,249)</u>	<u>14,753</u>
Net movement in funds	(6,249)	14,753
Reconciliation of funds		
Total funds brought forward	<u>18,713</u>	<u>3,959</u>
Total funds carried forward	<u><u>12,464</u></u>	<u><u>18,712</u></u>

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Sew Positive CIO

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
<i>Donations and legacies</i>		
Appeals and donations	623	272
	<u>623</u>	<u>272</u>
<i>Charitable activities</i>		
Other income	-	3,200
Grants receivable	-	23,392
Grants receivable	31,862	-
Grants receivable	-	2,700
Grants receivable	1,200	-
Other	499	12,113
	<u>33,561</u>	<u>41,405</u>
<i>Other income</i>		
Other income	500	-
Other income	2,508	-
Other income	3,250	-
	<u>6,258</u>	<u>-</u>
<i>Raising funds</i>		
Fundraising costs	-	(126)
	<u>-</u>	<u>(126)</u>
<i>Charitable activities</i>		
Materials	(3,033)	-
Materials	-	(2,999)
Materials	(358)	-
Materials	-	(2,010)
Subcontract cost	(28,745)	-
Subcontract cost	-	(6,800)
Subcontract cost	(7,152)	-
Subcontract cost	-	(9,200)
Staff training	(232)	-
Staff training	-	(49)
Sundry expenses	-	(90)
Sundry expenses	-	(108)
Rent	(1,773)	(779)
Rent	-	(1,194)
Insurance	(187)	-
Insurance	-	(5)

This page does not form part of the statutory financial statements.

Sew Positive CIO

Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	Total 2024 £	Total 2023 £
Insurance	-	(143)
Travelling	(237)	-
Volunteer expenses	(146)	(405)
Volunteer expenses	(65)	(203)
Telephone and fax	(282)	(108)
Office expenses	-	(550)
Computer software and maintenance costs	(673)	-
Computer software and maintenance costs	(400)	-
Computer software and maintenance costs	-	(219)
Printing, postage and stationery	(19)	-
Printing, postage and stationery	-	(37)
Trade subscriptions	-	(219)
Advertising	(2,339)	(440)
Advertising	-	(7)
Accountancy fees	-	(259)
Bank charges	(2)	(60)
Depreciation of plant and machinery	(137)	-
Depreciation of office equipment	(431)	(434)
Independent examiner's fee	(480)	(480)
	<u>(46,691)</u>	<u>(26,798)</u>

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sewpositive.org



SewPositiveCharity



@SewPositiveCharity



info@sewpositive.org



Annual Report and Financial Statements
for the Year Ended 31 March 2024.

Sew Positive is a Registered Charity
(No:1192682) and a Charitable
Incorporated Organisation (CIO),
registered in England (CEO22958)

Registered Office: 1 Fountain Lane,
Haslingfield, Cambridge, CB23 1LT